

SWINDON HEALTHY SCHOOLS

NEWS



Welcome back after half term! This edition of Swindon Healthy Schools e-bulletin includes:

- the latest healthy schools news
- new services to refer pupils to
- events and training for staff and governors
- healthy schools resources.

If this email has been forwarded to you, you can sign up to receive future editions [here](#).

News

Swindon Healthy Schools Award: Congratulations to Holy Cross Catholic Primary School!

Well done to Holy Cross Catholic Primary School for renewing their bronze award since the last newsletter! We have also received applications from other schools and will be in touch soon around the outcomes of your applications.



For more information about the process and support available, all of which is free of charge, view the [Swindon Healthy Schools website](#).

RSHE guidance consultation

The DfE has published draft RSHE statutory guidance, which is open to consultation until 11 July 2024. This could potentially have big implications for how you deliver RSHE at your school.

Chameleon PDE is providing free webinar briefings about the guidance on **6 June, 25 June and 2 July at 4pm:**

www.chameleonpde.com/events

We're bringing Swindon's schools together online on **21 June from 9.15 to 11am** to discuss the new draft guidance and would value your input. Please book here: [RSHE Guidance Consultation Discussion for Swindon Schools.](#) | [Swindon Hub for Education](#) Thank you.

[Please read the DfE press release here.](#)

[The link to the draft guidance is here.](#)

[The link to the consultation document is here.](#)

[The online consultation form is here.](#)

[Blog post: New RSHE guidance: What it means for sex education lessons in schools](#)

Supervised tooth brushing in Swindon

Swindon has significantly higher rates of hospital tooth extractions in children per 100,000 than both the South West and England, particularly in six to 10-year olds and so prevention is important.

Eligible schools in Swindon will have been contacted by At Home Dental's Big Brush Club about the supervised tooth brushing programme. We would encourage all eligible settings to sign up. The scheme is aimed at four to five-year olds attending reception, nursery or preschool. The briefing and flyer below outline the issue and how schools can help to improve oral health through the adoption of supervised tooth brushing.



[Briefing Note: Supervised Tooth Brushing: PDF document](#)

[Flyer for parents and carers: PDF document](#)

National Crime Agency alert

The National Crime Agency has issued an alert to education settings that provides advice on how to:

- recognise the signs of financially motivated sexual extortion
- raise awareness and support children to seek help
- support victims

Visit the [Child Exploitation and Online Protection Centre's website](#) to download the alert and a template letter for parents and carers with advice on how to talk to their child about financially motivated sexual extortion, and how to support them if they become a victim.

Swindon domestic abuse training audit

Swindon Borough Council has produced a training audit to understand the gaps in training relating to domestic abuse for local agencies and schools. This will inform the training offer for Swindon. Please could you aim to complete the short audit at <https://forms.office.com/e/BzNWqtE0zH> by **Friday 7 June 2024**. Thank you.

Launch of asthma friendly schools

Swindon Healthy Schools has joined the B&NES, Swindon and Wiltshire (BSW) asthma friendly schools programme, which is being rolled out in other parts of England.



BSW Together
Asthma Friendly School

It is simple to become an asthma friendly school. Why not sign up? Further information and a recording from the launch in May is available [here](#).

HPV vaccination briefing for schools

Swindon's Health Protection Team has offered a briefing on HPV and HPV vaccinations which can be accessed [here](#).

Our Schools Now discount for Swindon's secondary schools

A note from Jen at Our Streets Now: 'Our Streets Now has now come to the end of our Borough Council funded public sexual harassment work in Swindon - we want to say a huge thank you to every school, young person and teacher who has welcomed us into their setting. We know budgets are tight across the entire education sector and so we'll be offering a 50 per cent discount on our public sexual harassment workshops for the Autumn term. Please do get in touch with us on programmes@ourstreetsnow.org for more information, downloadable resources or to book a workshop"



Behaviour in schools study

Are you are involved in behaviour management in a secondary school? If so, NIHR Applied Research Collaboration (ARC) West would value your experience and views on different approaches, their impact on pupils and staff and how you think behaviour management strategies in schools may be improved. Please view the [NIHR ARC website](#) for further information.

Services for Children & Young People

Early help assessment

Swindon Borough Council is pleased to announce the release of a new version of the early help assessment, a tool designed to provide essential support to families at the earliest possible stage. This assessment can help de-escalate concerns and prevent the need for further involvement of specialist services. Further information and dates for training on the process are available on the [Swindon Safeguarding Partnership website](#).



Swindon Youth Voice is a safe space designed for young people to:

- develop their confidence and skills
- gain support
- have fun and express creativity
- feel open to speaking about the things which matter e.g. personal, home and social life

Further information about how to refer your pupils is available [here](#).

The logo for Building Connections features the words "Building" and "Connections" in a large, bold, black, sans-serif font. Below this, in a smaller font, is "An NSPCC service". To the right of the text is a colorful, abstract graphic consisting of overlapping shapes in pink, blue, red, and orange, with a green line striking through the pink shape.

**Building
Connections**
An NSPCC service

Build SUPPORT. Build CONFIDENCE. Build CONNECTIONS.

Building Connections is a new NSPCC service to support children and young people from Year 5 to the age of 19 experiencing loneliness. It is free of charge to schools and other organisations.

Children and young people work 1:1 with a trained befriender via a secure online text messaging platform for one hour per week over 11 sessions. Together with their befriender, they work through a programme of support. Read more [here](#).

FREE YOUTH CLUB

FROM WEDNESDAY 15TH MAY
from 17:00 - 20:00

BEST
BEST
BE A BETTER YOU

Best are excited to announce our free youth drop in's at our HQ in Elgin Industrial Estate, every Wednesday for 10 - 18 year old's.

Come use our multi sport gym with fully qualified sports coaches or just come and spend time with our mentors.



FOR MORE INFO EMAIL
INFO@BESTRUST.CO.UK OR
CALL 01793 200124



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Events and Training for Staff and Governors

Swindon Healthy Schools network meetings and events



The following events are free to schools in Swindon.

Tuesday 4 June, 3.45 to 5.15pm: Swindon schools senior mental health leads network (primary and secondary schools). Online. This will include the chance to meet with BeU Swindon. [Book here.](#)

Friday 21 June, 9.15 to 11am. RSHE guidance consultation discussion for Swindon schools. [Book here.](#)

Monday 24 June, 3.45 to 5pm. Primary and Secondary schools PSHE network. [Book here.](#)

Online bladder and bowel training for Swindon schools:
Tuesday 2 July, 9.15am to 11am: secondary schools; **Tuesday 9 July, 9.15am to 11am:** primary schools.
[Book here for the secondary school workshop.](#)
[Book here for the primary school workshop.](#)

Wednesday 3 July, 3.30 to 5pm, : BSW Senior Mental Health Leads network meeting on MS Teams. Booking details and further information can be found on the [Wiltshire Rightchoice website.](#)

View dates for future Swindon Healthy Schools events [here.](#)

Online safety for pupils

Tuesday 2 July, 9.15 to 11.15am, Abbey Farm Educate Together Primary. Organised by the UK Safer Internet Centre. Open to all who work with children and young people, this event will give you the latest in research, legislation, technology, tools and resources. [Please book via Eventbrite.](#)

STOP LOAN SHARKS

Intervention . Support . Education

The free training covers:

- what is a loan shark?
- the impact of illegal lending on vulnerable people
- why people borrow
- how to identify the signs of illegal lending
- what to do if you suspect it's happening

These one-hour webinars for professionals are organised by England Illegal Money Lending Team.

View further information and dates [here](#).

Making every contact count training

Any staff who have contact with parents and carers may well want to attend a forthcoming MECC training session. Making Every Contact Count (MECC) is about making the most of contacts we have with the people we meet every day. View forthcoming dates and further information on the [PDF flyer](#).

A directory of further staff training opportunities, many free of charge, is available on the [Swindon Healthy Schools website](#).

Resources

New vaping and smoking resources for Swindon's primary schools

A new Year 6 smoking and vaping lesson pack is now available! Developed by Public Health, Swindon Borough Council, the lesson pack includes a lesson plan, editable slides and lesson activity resources for schools to print. The lesson covers:

- the effects of smoking and vaping
- ways to say no
- where to find more information and support

Thanks to those of you who have requested this. If you haven't yet, please contact Marie Fitzgerald, Public Health Practitioner: mfitzgerald@swindon.gov.uk

New whole-school approach framework to RSHE

NSPCC has partnered with Life Lessons to create a free whole-school approach framework to RSHE. A free webinar is being hosted on 4 June to support school leaders with using the framework. Find out more: [A whole-school approach to sex and relationships education \(RSE/RSHE\)](#)

New Swindon affordable schools checklist

We have launched checklists for primary and secondary schools to work on with staff and governors to support the affordability of the school day, which in turn can reduce bullying, increase attendance and attainment. You can download these and work through them in your staff meetings and governor meetings via the links below:

[Swindon affordable primary schools checklist](#)

[Swindon affordable secondary schools checklist](#)

We would value your feedback on these checklists. Thank you!

A video of the May 2024 affordable schools network meeting including the launch of these resources is available [here](#).

Final Reminder: Free access to PSHE resources bank for Swindon's secondary schools provided by Chameleon PDE



Don't forget that if you are a secondary school in Swindon, you can access an array of editable PSHE resources until the end of July 2024. We would encourage you to make the most of this offer. You can sign up [via the Chameleon PDE website](#).

Swindon's secondary schools will then be offered a legacy rate by Chameleon PDE which is a 50per cent discount on the year 1 license.

Information sheet on type 1 diabetes in Swindon's schools

This guide for schools in Swindon covers:

- what type 1 diabetes is
- how diabetes can impact learning
- your role in recognising the warning signs to help a pupil to be diagnosed and what these symptoms are
- what your school can do to help pupils and their parents/carers to manage type 1 diabetes
- how to access further information

Please circulate this to all staff in your setting as schools are ideally placed to support early diagnosis of type 1 diabetes and to support it to be managed well. [Download the guide here.](#)

New online safety resource for secondary school pupils

The UK Safer Internet Centre and the Childnet Youth Advisory Board have developed an online safety resource called “Reliability Online”, which helps to teach children about what they can trust online. It is aimed at young people aged 13 to 16 and can be adapted for other ages. You can access the resource on the [UK Safer Internet Centre website](#).



Swindon & Wiltshire Pride fundraising pack

Swindon & Wiltshire Pride has launched a fundraising pack, which may provide some creative ideas for schools during Pride month (June). View more [here](#).





Child Safety Week

3 - 9 June 2024



Child Accident Prevention Trust want families to be clear what steps they need to take to keep their children safe. With this in mind the theme for child safety week 2024 is Safety. Sorted! Free resources are available on the [Child Accident Prevention Trust website](#), and include road safety activities to do with children in lessons, and resources to share with parents and carers.

Clean air day 20 June: Resources for schools

School communities can play a big role in raising awareness of the need for clean air and taking action to improve air quality in and around their schools. Global Action Plan has developed lesson plans and assemblies for KS1 - KS3 and social media packs, which can be downloaded for free [on their website here](#). Also, Andrew Abbott at Swindon Borough Council can visit your school to run a session with pupils. Contact AAbbott2@swindon.gov.uk for further information.

Cycle to school week: Monday 23 to Friday 27 September



What do you have planned for Cycle to School Week? Bikeability's resources for Cycle to School Week will soon be available [on their website](#). Meanwhile, they offer free downloadable lesson and assembly resources for KS1 - KS3 all year round.

**Please let us know what you think
of this newsletter**



We are keen to have your feedback on both the format and content of this e-bulletin. Please do [get in touch](#) with your suggestions. Thank you.

Previous editions of this newsletter can be downloaded at: [Newsletter : Swindon Healthy Schools](#)



Swindon Borough Council

Civic Offices, Euclid Street, Swindon
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