Response ideas

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| 1.  Say “no thanks” | 2.  Know you don’t want to but do it anyway |
| 3.  Get angry and shout | 4.  Walk away |
| 5.  Talk to an adult you trust | 6.  Call or message a helpline |
| 7.  Explain the reasons why you don’t want to smoke or vape | 8.  Dare someone else to do it |
| 9.  Other ideas | 10.  Other ideas |